



**VolumeXXVI**

**Number 9**

**September 2015**



**Sailing Singles of South  
HTTP://SailingSingles.ORG  
PO Box 4532  
Ft. Lauderdale, FL 33338**

**Up Coming  
Events**

**Peanut Is Cruise  
Sep 5 to 7**

**Luau  
Sep 6**

### **Peanut Island Cruise**

Peanut Island is a man-made island in the middle of the Port of Palm Beach, created in 1918 when the Lake Worth Inlet was dredged.

It's an 80-acre county park with guarded swimming, picnic shelters, 20 camp sites and a 1.25 mile paved walking path around the perimeter. It's a magnet for power boaters, who moor around its perimeter and party in the shallow, sandy-bottom water that extends out into the Intracoastal.

There are two main facilities on the island — the U.S. Coast Guard Station, now a maritime museum, and the underground bunker created during the Cold War as a command center for President John F. Kennedy. The bunker was constructed quickly.

The club has a cruise to Peanut Island scheduled for 5, 6 and 7 September. Kelly Dobbs is in charge of the cruise. Contact him for more information about anchoring or arranging a slip in a local marina.

Labor Day weekend always attracts a large crowd, so plan on getting there early.

On Sunday, 6 Sep, Kelly Dobbs and Sheila O'Neil will be hosting a luau with roasted pig and turkey plus many side dishes. At the publication date, the tickets have all been sold.



**Beer Can Race  
Results - Page 3**

# Sailing Singles of South Florida

From the Helm



Hello sailing Singles,

We just had our first annual Beer Can Race and this is one of those events where you wonder why we haven't done something like this every year. It went so well that it has to be an annual staple with the club. Even the container ships we were going to use as pin markers gave us a wide berth so we could have the ocean to ourselves (which actually worked against us; so we had to use buoys as markers). And then we headed back to Lake Sylvia where we handed out the awards (involving the curvature of the earth, Bernoulli's Principle, Planck's Constant and a few other variables; but let's just say that everyone was a winner). The pictures are on our Facebook page and Meet-up website (and we are putting the finishing touches on our own website and hope to unveil it soon).

The fact that the beer can race went so well was largely due to our Boat Owner's Representative, Dick Linehan. Even an unofficial, mostly-for-fun event requires a lot of planning, and the success of this race is a result of all that preparation. So thanks go out to Pat O'Brien, Janet Pogozelski and the "Irish Rover", Tom Crawford and "The Only Way", Lynette Beal, Susan Cohoat, Gillian O'Neil, Bill Roberts, Peter Wilkinson and "Sanamaris", Kelly Dobbs and "The Grand", Debi Hallmark and "Ryan's Place", James Bradford and "Viking Princess", Mike Sawzak and Bleu Bayou, and Gary Mayes and "Mariposita" as well.

We are going to try another new idea for Labor Day weekend, an overnight sail combined with an on-shore luau at Peanut Island (assuming Tropical Storm Erika leaves us alone before then). All members can attend, as we will be having our own dingy service to and from the pavilion. If this goes well, we could make it an annual event also.

Hope to see you all at our General meeting on September 3.

- Commodore Max

**BERKSHIRE  
HATHAWAY**  
HomeServices  
**Florida Realty**



Jim Price  
REALTOR®

2780 N. University Dr.  
Coral Springs, FL 33065  
954-369-0309 Direct  
954-540-0309 Cell  
888-407-3563 Fax  
jimprice1@hotmail.com  
jimforreal.com

  
A member of the Berkshire Hathaway of BHI, a S&P 500, L.P.

**DEMOLITION & ESTATE  
SALES SPECIALISTS, Inc.**



**Ben Nahabedian**  
(954) 682-3056  
bennaha9@gmail.com

*Going Green / Reuse to Reduce*  
**"STOP - DON'T THROW MONEY AWAY"**  
*HELP SAVE OUR ENVIRONMENT*  
Website: [www.DemoEstateSales.com](http://www.DemoEstateSales.com)

# Sailing Singles of South Florida

## *We are a Sailing Club!!!*

On Sunday, 23 August, the first annual Beer Can Race was held. It was a bright, sunny day with clear skies and winds at 13 knots and building. Captain Pat O'Brien and his first mate Janet Pogozelski provided "The Irish Rover" (a Mainship 34) to be committee boat. On board the committee boat was our commodore Max Goldstein, secretary Gillian O'Neil, sailing director Susan Cohoat, social director Lynnette Beal, and the boatless boat owners rep, me, Dick Linehan.

According to the race instructions that were made weeks in advance, the race course was supposed to be a triangular course. It was supposed to go from the start line, around the "sea" buoy and around the first anchored ship in the commercial anchorage. When the Irish Rover got on station, I could not see any anchored freighters. So I had to shorten the course and have the fleet race from the start line to the sea buoy and back to the finish line, three times.

The Irish Rover anchored just north of the red #2 channel entrance buoy, about 150 ft. This gave a wide start line for a single boat. The racing fleet, that was comprised of six boats, had a staggered start. Each boat was separated by three minutes, to avoid right of way conflicts at the line. One boat almost hit the committee boat, which is not advised by the racing rules. Another was over the start line a wee bit early, but this was a Beer Can race and we did not want to spoil the fun.

The race committee which included Bill Roberts had their hands full during the start sequence. Commodore Max manned the radio and hailed each yacht giving them a 5 minute warning for their individual start. Susan counted the number of crew on board to insure that each boat returned with all hands. Lynette used a cell phone for the accurate time to record the actual starting time of each yacht. There was a lot of excitement on the bridge as they worked as a team to make a perfect start.

A special thanks goes to Tom Crawford and his trawler "The Only Way" for acting as a spectator boat. He was able to bring members to the raft up who did not crew on the racing yachts. His boat was also used to make the trophy presentation.

First place went to Peter Wilkinson and Sanamaris. The Grand skippered by Kelly Dobbs took second place. Debi Hallmark's Ryan's Place took third. Viking Princess with Captain James Bradford placed fourth. Mike Sawzak with Bleu Bayou was fifth and Gary Mayes and Mariposita placed sixth. Each captain received a beer can in a bag as their trophy.



**Mollie McClure Meyers**  
Beach Specialist for over 25 years  
[www.molliemeyers.com](http://www.molliemeyers.com)

**Mollie McClure Meyers, Inc.**  
3015 N. Ocean Blvd.  
Suite C115A  
Fort Lauderdale, FL 33308

Office: (954) 564-5603  
Home: (954) 566-2974  
Fax: (954) 563-5715  
[mollie@molliemeyers.com](mailto:mollie@molliemeyers.com)

  
Master Broker

# Sailing Singles of South Florida



# Sailing Singles of South Florida



**Raft Up Party  
and Trophies**



**Photos by Dick Linehan**

**Max Goldstein & Terry Patterson**

# Sailing Singles of South Florida

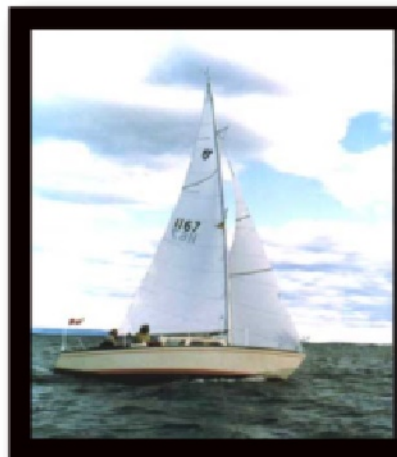
## Captain's Log Rudy Sprenger

**Editor's Note:** I campaigned a Catalina 30 for four years on San Francisco Bay. I belonged to a yacht club that was a member of the South Bay Yacht Racing Association. The SBYRA was comprised of 5 yacht clubs so when it hosted a race, about 40 boats were in competition. In the fourth year of racing, my boat came in second for the summer series. I am proud of this fact. I have also served as the tactician on two different yachts in two different National Regattas. One yacht which I was on, finished second for the series. I am proud of this fact.

Many of our members have been to Rudy and Arlene's guest at parties at his house. He owns a second plot of land adjacent to his home that has a swimming pool and sheltered bar. Rudy was our commodore in 2005 and 2006. While he was on the board in 2003, a number of members resigned to join the Gulfstream Sailing Club for more sailing activities. Rudy was able to restore the membership through marketing.

Years ago, Rudy bought a Thunderbird 26 foot sailboat. The Thunderbird class sailboat was designed in 1958 in response to a request from the Douglas Fir Plywood Association of Tacoma, Washington for design proposals for a sailboat that would "... be both a racing and cruising boat; provide sleeping accommodations for four crew; be capable of being built by reasonably skilled amateurs; provide auxiliary power by an outboard motor that could be easily removed and stowed; and out-perform other sailboats in its class. The Thunderbird's exceptional performance can be attributed to a lightweight, 3,650 lb hull and rig with V-bottom hull and hard chines. Outstanding stability is provided by a 1,530 lb cast iron keel of advanced design with a 4.79-foot draft. The sail area is 363 square feet in the mainsail and genoa, and racing boats are equipped with a spinnaker. Thunderbird has a PHRF of 201-204 (seconds per mile), the J 30 rates 144, and the Catalina 30 is 174.

Rudy raced his boat on Lake Ontario. One year, the Thunderbird World Regatta was held on Lake Ontario and Rudy's boat finished third for the series. This is quite an achievement to be the third best Thunderbird sailor in the World!



# Sailing Singles of South Florida

## September Birthdays

Frances Koerner - 9/5  
Johanna Munroe - 9/10  
Peter Wilkinson - 9/10  
Nancy Adamo - 9/11  
Harley Wood - 9/14  
Karen Brown - 9/14  
US Constitution - 9/17/1787  
Dick Linehan - 9/17  
Steve Bernstein - 9/26  
Fred Van Everdingen - 9/26  
Linda Kaelblein - 9/26  
Pauline Morissette - 9/30



## Sailing Director's Report

The next day sail will be Saturday, September 19th, just a few days before Summer ends and Fall begins. Simply send an email to [sailingdirsssf@sailingsingles.org](mailto:sailingdirsssf@sailingsingles.org) if you'd like to go, and let me know how much sailing experience you have.

Fair Winds – Susan Cohoat

## Let Anita make your next Real Estate experience be a Positive One!



Owned and Operated by NRT LLC.

**ANITA PAPKOV**  
REALTOR  
Multi-Million Dollar Producer

561-789-8117 DIRECT (CELL)  
561-395-2297 FAX  
acpbeach@juno.com



RESIDENTIAL REAL ESTATE  
1 SOUTH OCEAN BLVD., SUITE 2  
BOCA RATON, FLORIDA 33432

# Sailing Singles of South Florida

## Making Yacht Racing Fair

The first category is One Design. Years ago, I owned a J-30 which has very active fleets. I have crewed on an old wooden classic yacht called International One Design. In each case, all the boats competing are similar. Some classes are very strict on what equipment is allowed. When you view such a race, the boat in front is in first place. There is no handicap.

The America's Cup is a match race between two yachts. Both may not be exactly the same but they are constructed to a formula which allows for some variation within the spec. Formula One automobile racing is like that. In the America's Cup only two yachts race at one time, a defender and a challenger. In previous regattas, the challenger has had to defeat a number of other challengers in a series of match races to be the finalist to race against the defender.

In most yacht club racing, many different manufactures and configurations of boats compete against each other. The Performance Handicap Racing Formula (PHRF) tries to set ratings for various yachts to even the playing field.

A number of a sailboat's dimensions are entered into a formula to yield a PHRF rating. Then, over the years, as one type of boat is very successful against other types of boats, its rating is lowered to balance the playing field. I started racing with my Catalina 30. It had a PHRF of about 180 (180 seconds per mile). The J-30 started out with a PHRF of 127 but after years of J-30 wins, the rating was lowered to 120

If my Catalina 30 with a PHRF of 180 was entered in the same race with my J-30 with a PHRF of 120, the race committee would subtract 120 from 180 and get 60 seconds per mile. This means that the J-30 would have to finish 60 seconds before the Catalina 30 in a one mile course, just to stay even. To win, the J-30 would have to finish in less than 60 seconds. In a two mile race, the J-30 would have to finish 120 seconds before the Catalina 30 just to tie.

In one race that I sailed in, they had a staggered start based on the PHRF rating. The slowest boats started first, and using the formula, the rest of the fleet started at calculated times so that if all the boats sailed a perfect race, they would all reach the finish line at the same time.

And the last category is Beer Can racing, where there are no handicaps, just friendly competition for the honor of a beer.



If you need help buying or selling a property, I can help!

I, also, just completed my Global Property Specialist. I can help with buying or selling anywhere in the world!

Call Karen Foster  
561-212-7769  
or email me at  
Karen.Dynamic@me.com

**kw**  
KELLERWILLIAMS



# Sailing Singles of South Florida

## 2105 Board of Directors

Commodore	Max Goldstein	<a href="mailto:commodorsssf@sailingsingles.org">commodorsssf@sailingsingles.org</a>
Vice Commodore	Anne Ekstrom	<a href="mailto:vicecommodore@sailingsingles.org">vicecommodore@sailingsingles.org</a>
Secretary	Gillian O'Neill	<a href="mailto:secetarysssf@sailingsingles.org">secetarysssf@sailingsingles.org</a>
Treasurer	Mary Kress	<a href="mailto:treasurersssf@salingsingles.org">treasurersssf@salingsingles.org</a>
Social Director	Lynette Beal	<a href="mailto:socialdirectorsssf@sailingsingles.org">socialdirectorsssf@sailingsingles.org</a>
Membership Director	Ben Nahabedian	<a href="mailto:membershipdirsssf@sailingsingles.org">membershipdirsssf@sailingsingles.org</a>
Sailing Director	Susan Cohoat	<a href="mailto:sailingdirsssf@sailingsingles.org">sailingdirsssf@sailingsingles.org</a>
Newsletter Editor	Dick Linehan	<a href="mailto:boatownersrep@sailingsingles.org">boatownersrep@sailingsingles.org</a>
Internet/Media Producer		<a href="mailto:webmaster@sailingsingles.org">webmaster@sailingsingles.org</a>
Boat Owner's Rep	Xcapt. Dick	<a href="mailto:boatownersrep@sailingsingles.org">boatownersrep@sailingsingles.org</a>



Wishing You  
and Your Family  
a fabulous Summer!

**Pauline  
Morissette, P.A.**  
Realtor® - English & French  
Direct: 954.899.7967

555 S. Powerline Rd.  
Pompano Beach, FL 33069

